



# Welcome to TOULOUSE !

PRACTICAL  
INFORMATIONS



## MAIN VENUE LOCATIONS AT UNIVERSITÉ TOULOUSE CAPITOLE



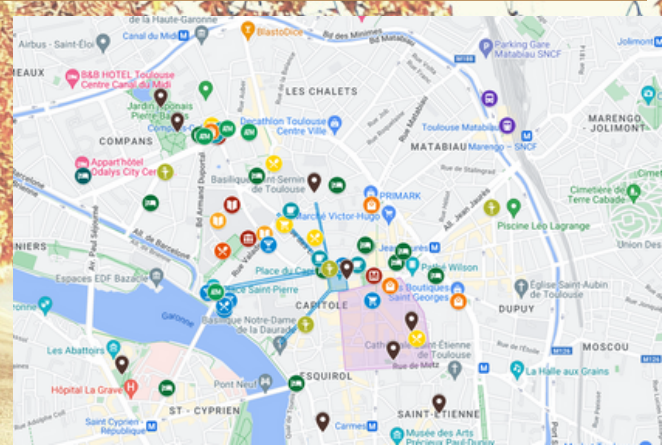
Arsenal (main building) or Rempart : 2 rue du Doyen Gabriel Marty

Ancienne Facultés (TSM): Rue des Puits Creusés

Manufacture des Tabacs (TSE and IT): 21 allée de Brienne

## Main Adresses

All the important addresses for your stay (university buildings, hotels, university restaurant, places to visit, restaurants/bars, ATM, pharmacy, etc.) are listed on [this map](#).



## National Emergency Numbers



# 112

**European emergency number**

If you are a victim or witness of an accident in a country of the European Union



# 114

**Emergency for deaf and hard-of-hearing people**

If you are a victim or witness of an emergency situation and require emergency assistance.



# 15

**SAMU**

**The French Emergency Medical Assistance Service**

To call-out a medical team for a medical emergency as well as to be referred to a round-the-clock health facility



# 17

**EMERGENCY POLICE NUMBER**

To report a crime requiring an immediate police response.



# 18

**FIRE BRIGADE**

The French fire brigade, les sapeurs-pompiers, is also available in cases of medical emergencies, such as traffic and domestic accidents.



# Arrival and Getting Around

## Arrival From BLAGNAC

### Airport

#### Airport shuttle :

Duration : approx 20min

**BEST CHOICE**

Price : 9 euros

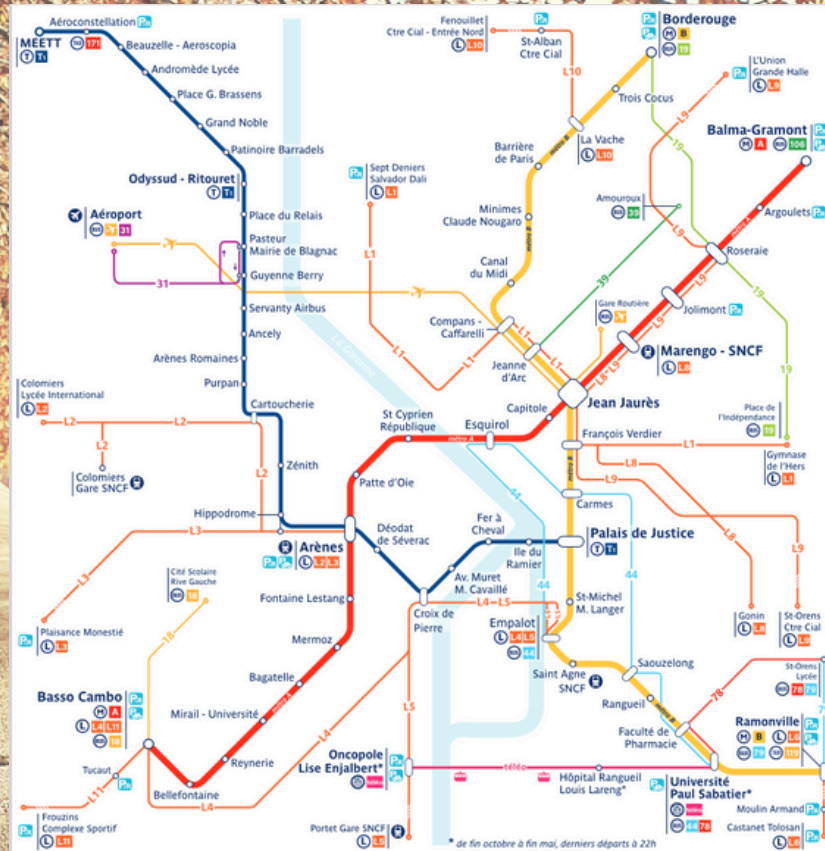
Aiport Stop : Ground floor, B3, arrival level >> Bus stop : Compans Caffarelli (Pierre baudis Conference Center)

#### Tramway T2 + Metro Line B :

Duration : approx 20min

Price : 1.8€

Aiport Stop : Ground floor, B3, arrival level >> Tramway : Compans Caffarelli >> Metro Line B towards Borderouge >> metro stop : Compans Caffarelli



## Arrival From MATABIAU Train or Bus Station

#### Walking distance:

Duration : approx 20-25min

#### Metro Line A towards Basso Combo:

Duration : 5min + 10min on foot

Price : 1.8€

Train station stop : Marengo SNCF  
>> Metro stop : Capitole

**TIPS !** You can buy 3-Day tickets (13.8€) or 10 trips tickets (15.4€)

For more info, see TISSEO :  
<https://www.tisseo.fr/en>



# General Information

## FLIGHTS

Toulouse-Blagnac Airport (TLS) is well connected to major European cities. Airlines such as Air France, British Airways, Lufthansa, KLM, Iberia, and Swiss operate regular flights. Additionally, low-cost carriers like Ryanair, EasyJet, and Volotea offer budget-friendly options. The airport is located about 8 km from the city center and is easily accessible via tram, bus, and taxi.



## LANGUAGES

The official language in Toulouse is French. English is commonly spoken in tourist areas, hotels, and by younger generations. Spanish and Italian are also frequently understood due to the city's proximity to Spain.



## WEATHER

Toulouse has an oceanic and Mediterranean-influenced climate. Winters are mild, with temperatures ranging from 5°C to 12°C, while summers can be hot, often reaching 30°C or more. Spring and autumn offer pleasant weather with occasional rain.

Local weather forecast: <https://www.meteofrance.com/previsions-meteo-france/toulouse>



## CURRENCY

The currency in France is the Euro (€). ATMs are widely available, and major credit cards are accepted in most establishments. Currency exchange services are available at the airport and in the city center. Exchange rates may vary; check with your bank or exchange provider for the latest rates.

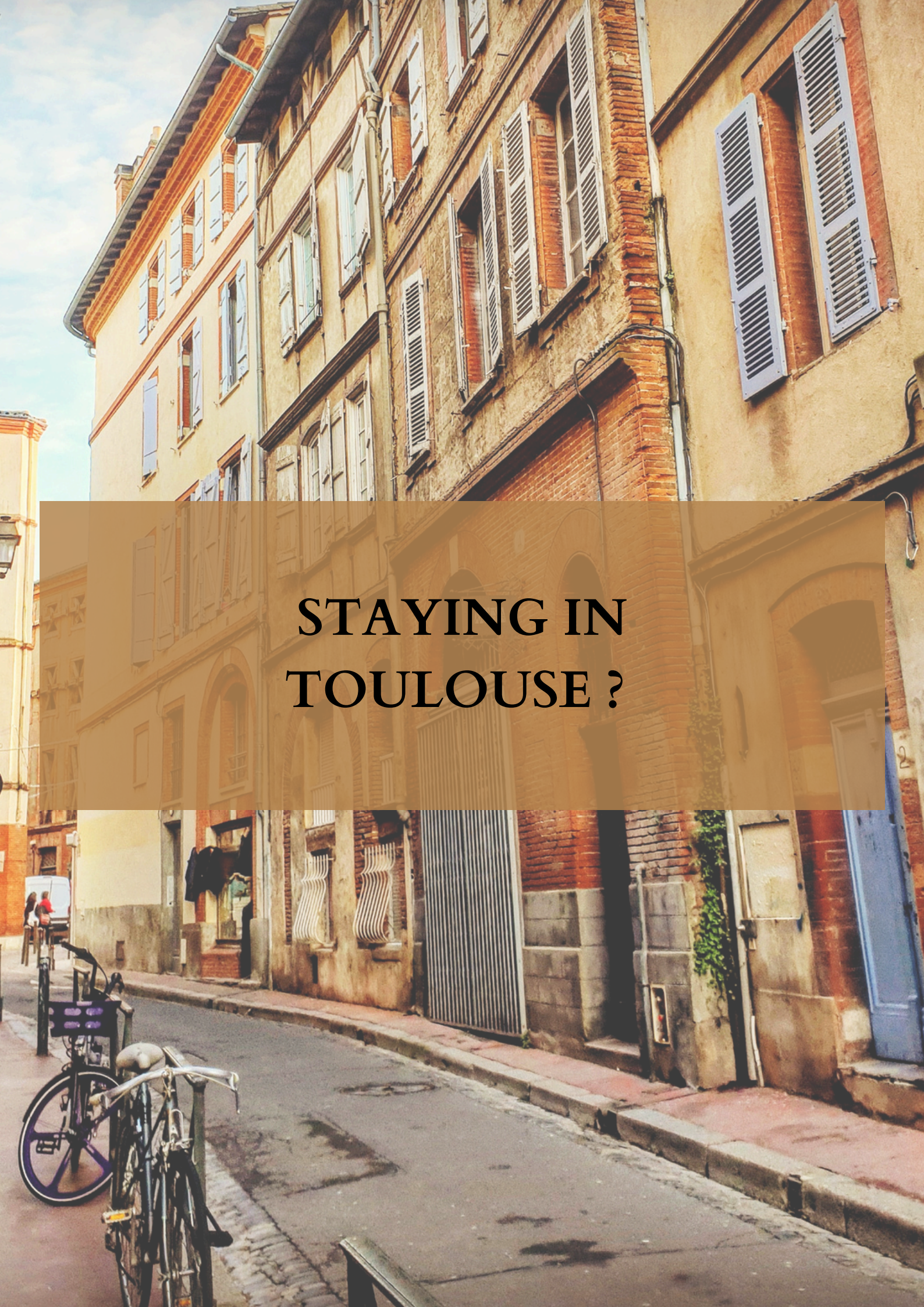


## MOBILE NETWORKS

France has an extensive mobile network, and your phone should work with roaming. The main mobile operators are Orange, SFR, Bouygues Telecom, and Free Mobile. EU regulations apply to roaming charges, but it is advisable to check with your provider for details.







# STAYING IN TOULOUSE ?



## Hotel Recommendations by the City

Hotel prices in Toulouse range from €50 to €250 per night, depending on the location and category. So, in addition to the list of partner hotels that might have been proposed for the event, here are some recommended hotels:

- **Ibis Styles Toulouse Capitole**: This hotel is located on Place du Capitole, in the heart of Toulouse's historic center. The rooms were renovated in 2017, offering a comfortable stay in a historic building
- **Plaza Hotel Capitole Toulouse**: Situated on the famous Place du Capitole, this 4-star hotel is just steps away from major tourist attractions like the Basilica Saint-Sernin and the Couvent des Jacobins. It features a fitness center and seven meeting rooms, making it ideal for both leisure and business travelers
- **Pullman Toulouse Centre**: A 4-star hotel offering modern and stylish accommodations within walking distance of the city center and Place du Capitole. It is known for its excellent service and convenient location
- **Hôtel Albert 1er**: Located just 100 meters from Place du Capitole, this hotel is an ideal starting point for exploring Toulouse. It offers a central location with easy access to the city's main attractions and is known for its comfortable rooms and attentive staff<sup>78</sup>.
- **Mercure Toulouse Centre Wilson Capitole**: This 4-star hotel is situated in the heart of Toulouse, near Place Wilson and Place du Capitole. It offers modern rooms and a bar, with easy access to the metro and major tourist sites
- **Mama Shelter Toulouse**: Known for its unique design and vibrant atmosphere, Mama Shelter Toulouse offers 120 comfortable rooms, a restaurant, and a rooftop terrace. It is located near the city center, providing easy access to local attractions and nightlife
- **La Cour des Consuls Hotel and Spa Toulouse** - MGallery: A luxurious 5-star hotel situated in an 18th-century historic building in the heart of old Toulouse. It features a full-service spa, a restaurant, and elegantly designed rooms, offering a tranquil retreat in the city center

**More info : <https://www.toulouse-tourisme.com/en/prepare-for-your-stay/accommodation/>**



# Eat & Drink

## **RESTAURANTS**

- Toulouse offers a variety of dining experiences, from traditional French cuisine to international flavors. Recommended restaurants:
- Traditional Cuisine:
  - Au Poid Gourmand
  - Restaurant Huguette
  - Le Bibent
  - Les Salles Gosses
  - Les Caves de la Maréchale
  - le Genty Magre
- Michelin Starred
  - Les Jardins de l'Opera
  - Michel Sarrau
  - Le PY R

## **BARS & NIGHTLIFE**

Toulouse has a vibrant nightlife scene with bars, pubs, and clubs.

Recommended spots:






- Cocktail bars
  - Fat Cat
  - The Botanist Pub:
  - le Sauvage Club
  - N5 Wine Bar
- Pubs
  - London Town
  - George and Dragon
  - 4 monkeys
- Sport Bars
  - basically every bar on Place St Pierre : Chez Tonton, La Couleur de la Culotte, le Saint de Seins, le Bar Basque
  - Black Lion

**More info : <https://www.toulouse-tourisme.com/en/eat-and-drink/>**







# Visit






## Historic & Cultural Sights

-  Place du Capitole – The city's vibrant heart, great for photos and people-watching.
-  Basilique Saint-Sernin – A UNESCO-listed Romanesque church, perfect for a short visit.
-  Musée des Augustins – Beautiful fine arts museum with medieval sculptures.
-  Couvent des Jacobins – A medieval monastery with an impressive palm-tree-shaped ceiling.
-  Les Abattoirs – A contemporary art museum with interactive exhibits.





## Science & Exploration

-  Cité de l'Espace – An interactive space museum with full-scale rockets
-  Aerospopia Museum – Explore real planes, including the Concorde and an Airbus A380!
-  Quai des Savoirs – A hands-on science museum with interactive experiments.
-  Observatoire de Jolimont – A small but fascinating observatory for stargazing.






## Outdoor Fun in Toulouse

-  Pont Neuf – The oldest bridge in the city, perfect for a walk along the Garonne River.
-  Prairie des Filtres – A large park by the Garonne River, perfect for biking or picnicking.
-  Jardin des Plantes – A botanical garden with a playground, small zoo, and picnic areas.
-  Canal du Midi – A UNESCO-listed waterway, ideal for a scenic boat trip or bike ride along the banks.
-  Wakeboard Park Toulouse – Fun for older kids who love water sports.

## Fun Day Trips from Toulouse

-  Carcassonne (1 hr) – A magical medieval fortress that feels like a fairytale.
-  Gouffre de Padirac (2 hrs) – A spectacular underground cave with boat rides.
-  African Safari Zoo (30 min) – A drive-through safari and zoo with lions, giraffes, and more.
-  Gaillac Vineyards (1 hr) – While the adults enjoy the wine, kids can explore the countryside.

## Nature Escapes Near Toulouse

-  Bouconne Forest – Just outside Toulouse, this expansive forest offers numerous trails amidst diverse flora and fauna.
-  Buzet Forest – Located about 30 km from Toulouse, Buzet Forest provides well-marked trails suitable for both walking and cycling.
-  Lac d'Oô Hike – A 6.8 km moderate trail leading to the stunning Lac d'Oô, renowned for its 275-meter waterfall.
-  Cirque de Gavarnie – A 7.1 km moderate hike to the UNESCO-listed glacial amphitheater, featuring dramatic cliffs and waterfalls.
-  Lac de Gaube Trail – A 6.3 km loop offering breathtaking views of the Vignemale massif reflecting in the lake's clear waters.

**More info: <https://www.toulouse-visit.com/>**